



**1632 Ainsdale Dr.
Roseville, CA 95747
www.CampHopeCA.com
(916)772-1400 (916)772-3588 fax**

What to Bring

Picture	Please bring a photo of your loved one(s) who died. (Please do not send an irreplaceable photo)
Bedding	Sleeping Bag (or sheets and a warm blanket) Pillow
Clothing	Pajamas Two pairs of sneakers or boots (no sandals) Daily change of socks and underwear Heavy and light shirts Coat and/or sweatshirt because it gets cold at night One or two pairs of long pants Two pairs of shorts (No short shorts) Swim suit (No bikinis allowed) Towel for swimming Bag for dirty clothes
Toiletries	Toothpaste and toothbrush Soap, wash cloth, and towel Shampoo and brush Lip balm and sunscreen
Optional	Flashlight Shower shoes Book to read
What Not To Bring	Money or valuables Radios, CD Players, Game Boys/SP's (No electronics) Weapons of any kind (e.g. knives, matches, fireworks) Food (soda, candy, gum) Your best clothing (You will get dirty) Scented lotions Clothing with inappropriate advertisements Cell Phones

We are never alone in this world for we are all connected by heartstrings and hope. -Flavia